

# MARTIALSPORTS

# MARTIALSPORTS



## Sandra Anna Maria

MARTIALSPORTSMAGAZINE.COM  
A Division of TALENT MEDIA PUBLISHING Inc.



ISSN 2371-3011



## Holly Lei See

ISSUE 13 2022 \$24.99



ISSN 2371-3011



# Featuring



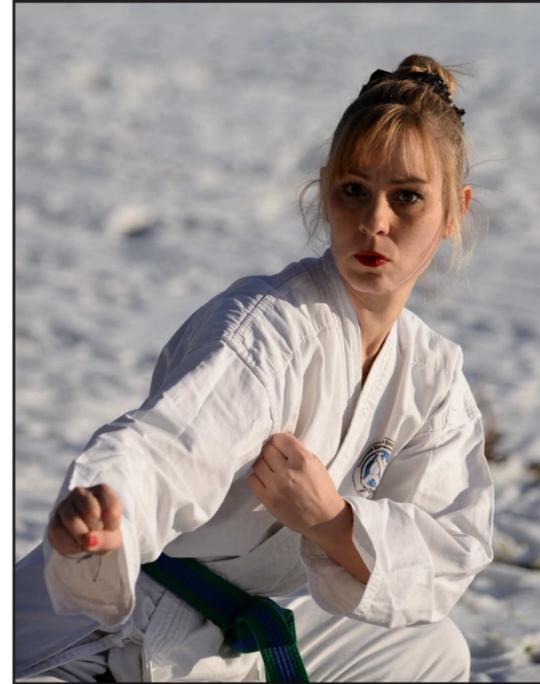
ISSN 2371-2937 COPYRIGHT 2015 TALENT MEDIA PUBLISHING NO PART OF THIS PUBLICATION MAY BE REPRODUCED WITHOUT THE EXPRESS WRITTEN CONSENT OF THE PUBLISHER. PUBLISHER: TALENT MEDIA PUBLISHING INC. EDITOR: CHIDIAC PRODUCTION: ROBERT BOULANGER PRINTING: DE FEUILLES EN FEUILLES. INC. SUBMISSIONS & ADVERTISING: MAGAZINEPUBLISHINGAPPLICATION@GMAIL.COM WEBSITE: MARTIALSPORTSMAGAZINE.COM, PHONE:(438)522-2255 NOTICE TO READERS: ALL PHOTOS PUBLISHED IN THIS MAGAZINES HAVE BEEN VOLUNTARELY SUBMITTED BY THE ATHLETES THEMSELVES OR THEIR RESPECTIVE COPYRIGHT OWNERS UNDER A PUBLISHING RELEASE AGREEMENT AUTHORIZING THEIR PUBLICATIONS.PRINTED IN CANADA





# Teo Salonga

## Preview





**Addison Mann**



**Teo Salonga**



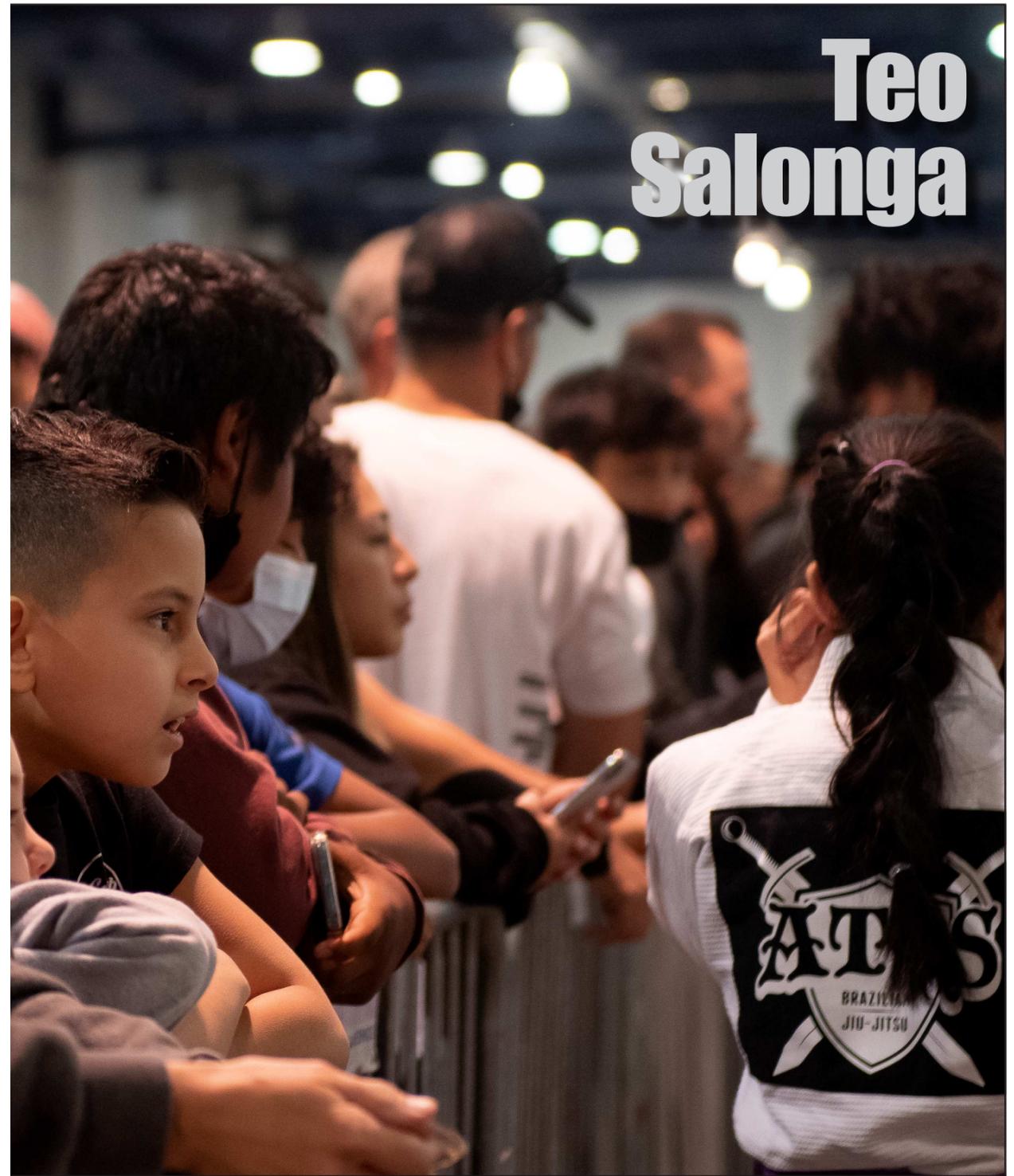
I am a ten year old grey belt out of Lotus Club Fight and Fitness in Arizona. I have been training Jiu Jitsu since 2021 and couldn't imagine life without it. I am blessed to be the current Arizona State Champion in my division. I have 3 Gold, 2 Silver and 2 Bronze medals from the 7 tournaments I have competed in. I am thankful to train at the best kid's gym in the state and appreciate all of my teammates! I dream of one day earning my black belt and teaching out of my own gym. "You can't walk through fire and not expect to sweat." Keep training!

Photographers Credits: My mom, Jessica Salonga.





Addison Mann



Teo Salonga









**Teo Salonga**



**Cheyenne Akins**



I want to be a well known fighter when I get older. I want to keep training with my sister and getting better and better everyday. I also really like soccer and I can't wait to see if that will take me anywhere



# Cheyenne Akins







Owning my own bakery and make delicious sweets for people and animals.





**Serena Trujillo**



**Holly Lei See**





would like to build inventions like robots and homes that help the world and save the ocean from trash and plastic.



# Sascha Trujillo



# Holly Lei See

Traditional Kung Fu has been passed down for generations in my family. From my grandfather, to my uncle and now me. I am trained in Shaolin Kung Fu, Wing Chun, and Tiger Claw Kung Fu. My Sifu trains me traditionally as well as for

on screen performances so I am able to perform Kung Fu in film and cinema. My goal is to be in films and do Kung Fu in movies/tv shows.

Photographers

Credits:

Outfit in white is shot by Guy Marino.





Holly Lei See



Sascha Trujillo







Holly Lei See





Sarah Wolz





**Kathrynn  
Quina**



**Sarah  
Wolz**



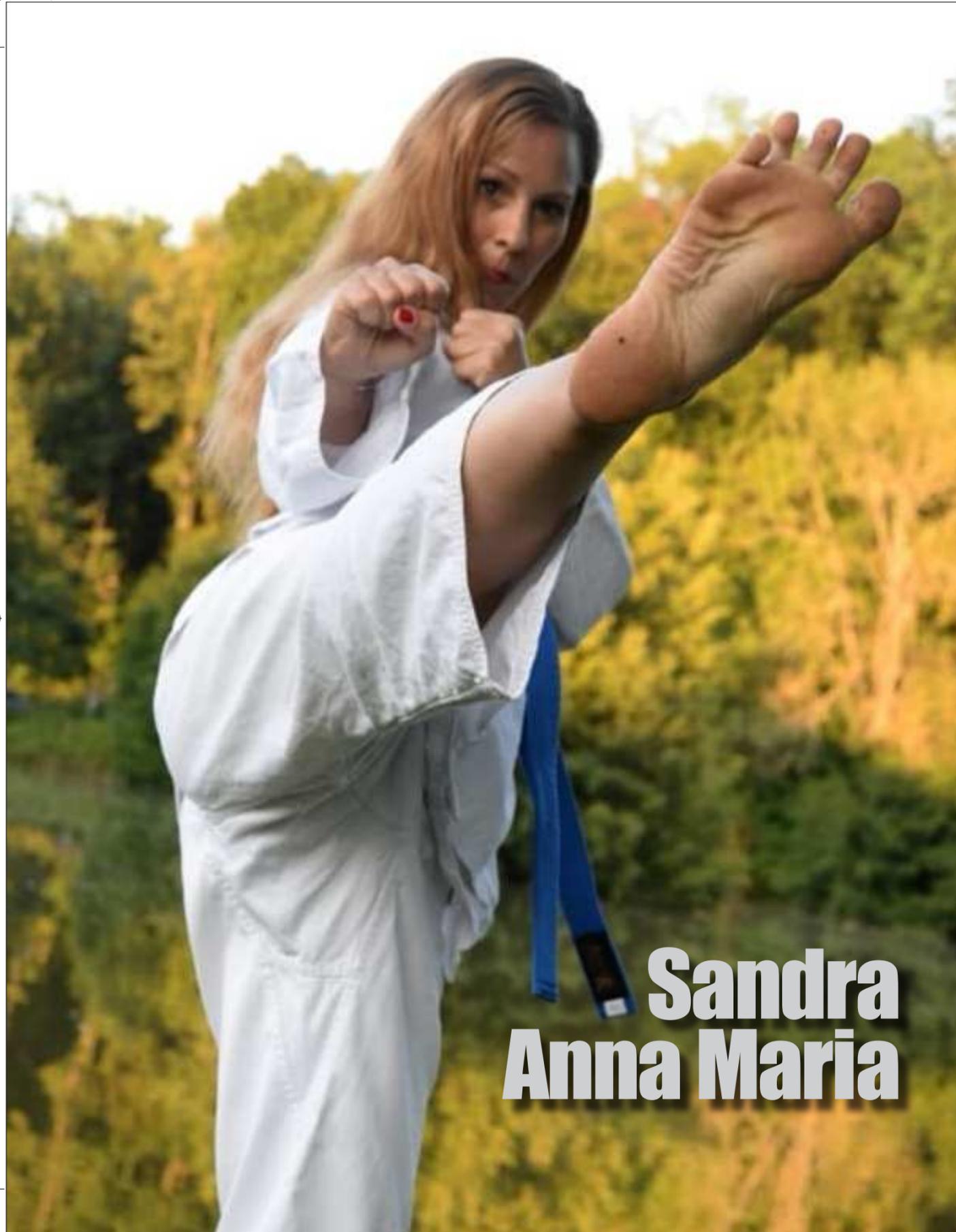
My dream is to be fit and play jitsu as long as I can. I enjoy this game and continue it forever.



My name is Kathryn Quina and I am 11 years old, 5'2", 88 lbs., Grey/Black Belt under Luiz Palhares. I previously trained under Osvaldo Moizinho (Ares Bjj) / Diego Bispo Academy and now train under Luiz Palhares, Professor Nester Bayot and coached by James Gamble; Deandre Corbe; Gavin Corbe, Christian Diaz, Mike Paulson, Bella Stofka, Lexi Arnold and Maka out of Coastal BJJ in Virginia Beach, VA. I love Jiu Jitsu and have been very fortunate to also have trained with Claudia Dovaljji; Talita Alencar; Taniel Abu Jesus; Oleksander Humen; Pedro Dias; Celso Ricardo, Xid Dalanon, Kaitlin, Andreza Morais, Ted Linn, and Laura Carvalho to name a few. I also have trained wrestling at VB Fighthouse under Mike Holcomb; Diego Bispo Academy under Jairod James; MASF Industries under Seldon Wright; Chaos Jiu Jitsu under Christina Linn; Grapplers Garage, and Great Neck Wrestling / Kellam Mat Rats under numerous Coaches.

My weekends are busy as I am an active High-Level competitor both in Jiu Jitsu and Wrestling. A few of my achievements during the past 3 years are as follows: Grappling Industries (34 Wins, 18 by submission/14 by points); American Grappling Federation (Gold/Silver Champion); NAGA; Fuji (Numerous Wins); The Good fight Submission only (Undefeated/Gold); IBJJF (Open Gold/Pans Bronze); New Breed Bjj (Champion); to include World Series of Jiu Jitsu. Sure, I have quite a few medals (over 80 but not counting), but it is the lifelong friends and experience that means the most to me. A lot of people forget about their training partners and coaches, as if it was not for them, I would not be able to compete at such a level. My team mates, are the hardest workers in the BJJ Gym (aka Sauna!!!! / No A/C) and I truly appreciate their hard work to both improve their game and to help me to improve mine along the way. Remember this statement, "Are you being a good partner?" This means, not hurting your partner, not taking it easy on your partner, but working together to achieve Greatness! Working on those skills that Professor, just showed you, but you forgot about 2 seconds after and you were scared to raise your hand





**Sandra  
Anna Maria**



**Kathrynn  
Quina**



*em wa*



when Professor asked, "Do you need to see it again?" LOL. I love challenging myself and I take away from every match, what I did right and what I could've done better! Life is about learning from our mistakes and making it better.

One of my dreams are to represent the United States as an Olympic wrestler and to one day open up my own Jiu Jitsu gym.

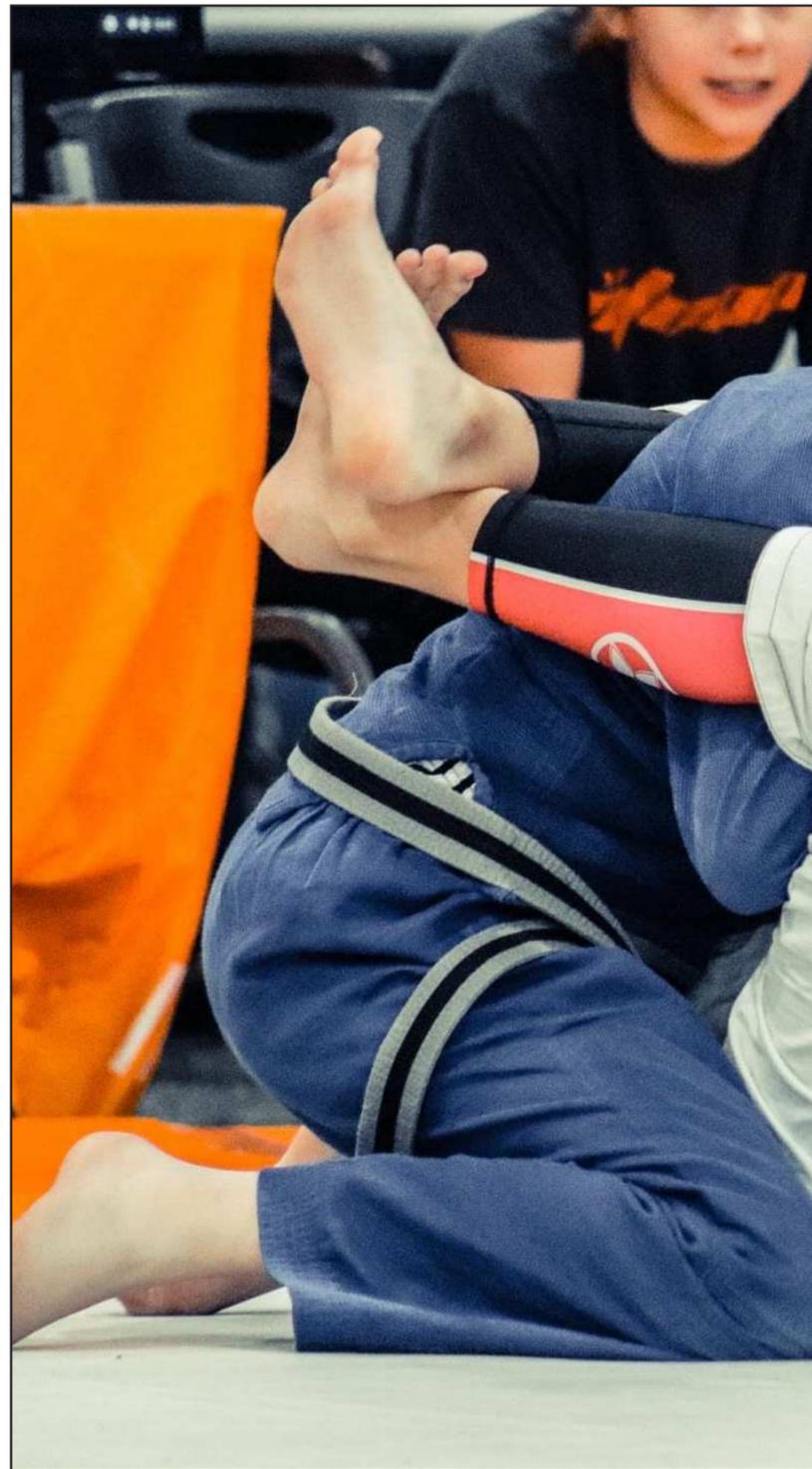
My life goal is to become a Coral Belt in Jiu Jitsu along with becoming a multiple Olympic Gold Medalist!

My challenges in both Jiu Jitsu and Wrestling, are going up against stronger opponents and pushing myself to become relentless in my guard passing game. In life I have personally observed and experienced bullying in school and want to be an ambassador to other young athletes on how to overcome such bullying.

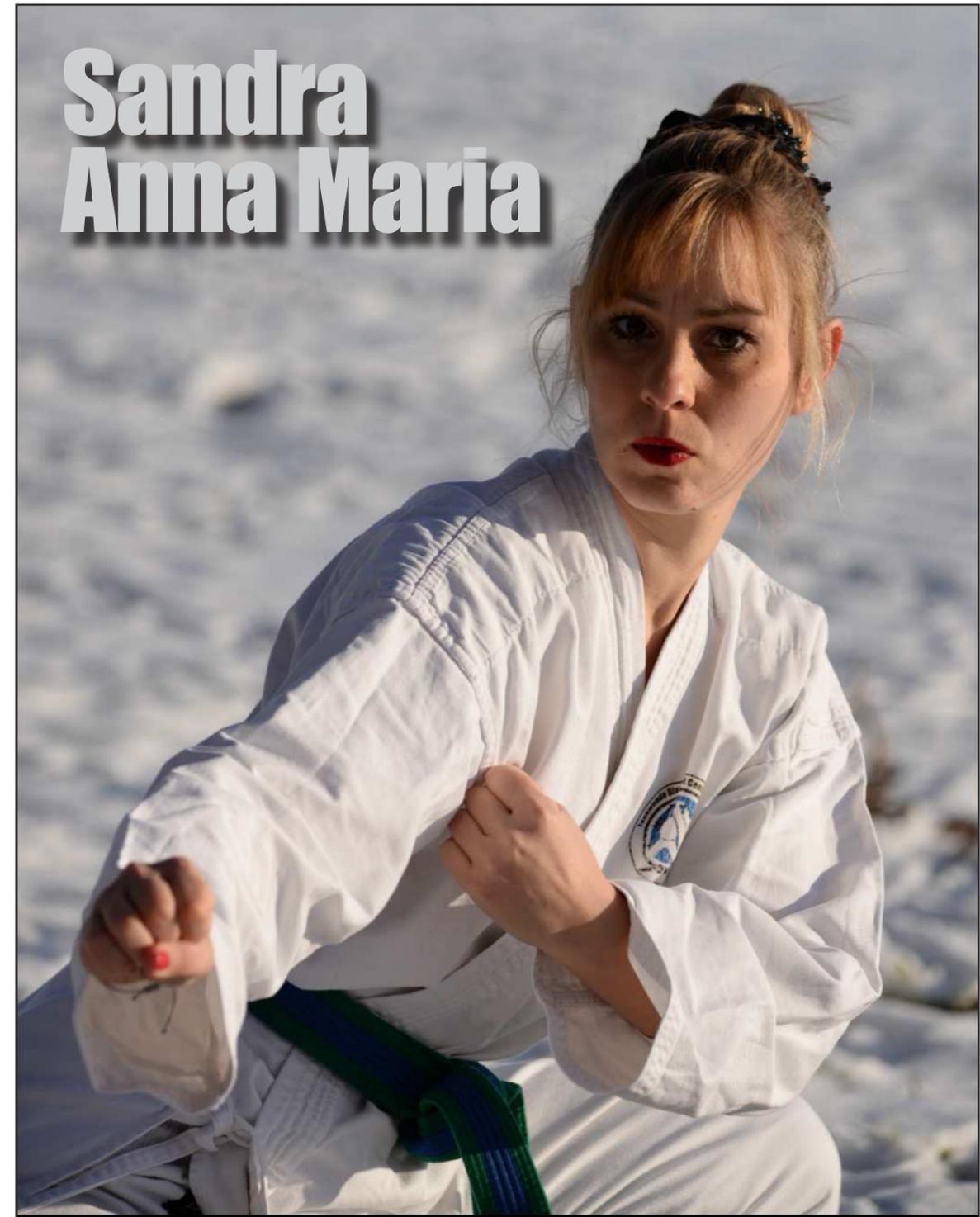
My achievements are balancing school work, getting good grades, and being in the gifted Art / Academic program while at the same time being a multi-teer competitive athlete (Jiu Jitsu; Wrestling; Swim; Golf; and Yes, Cheer 😊). So, as you can tell, I am very busy but I do find time to read, draw, skate, and play my keyboard. I have been very fortunate to be sponsored by Blac Magik Finger Tape, while being an ambassador for Knoxx, Chick jitsu, Zenko Fight Wear, and Pineapple clothing.

Happy Rolling and remember.....  
"Are you being a good Partner?"

Photographers Credits: EM Walsh  
Photos and Robin Quina



# Sandra Anna Maria





I started Taekwondo 5 years ago. Since then I have been passionate about this sport and have already taken a number of tests. I'm currently wearing a blue belt. My goal is to one day get the black belt and I train a lot for that. I'm very motivated,

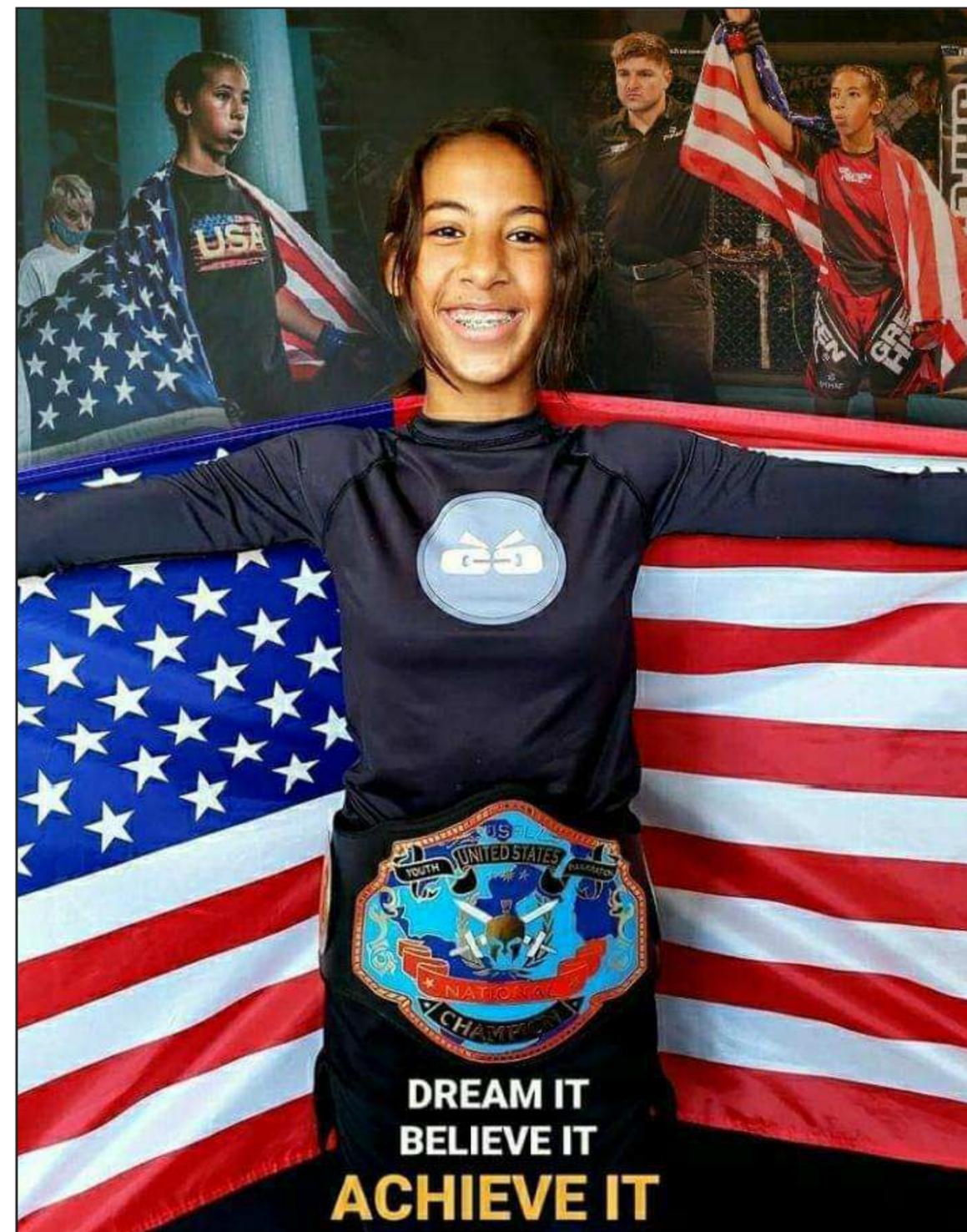
creative and very flexible. Gymnastics is part of my everyday life. One day I would like to train children myself, that's a big dream of mine.

Photographers Credits: Femfight









My major goal is to be a UFC Champion. My minor goal is to win IMMAF Worlds this coming year and in the other years to come. I know that if I put in enough work I can do it and I am definitely determined to get it done.

# Lariah Gill



# Kathrynn Quina





# Kathrynn Quina



# Lariah Gill

LARIAH "The Python" GILL







**Kathryynn  
Quina**

