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Featuring





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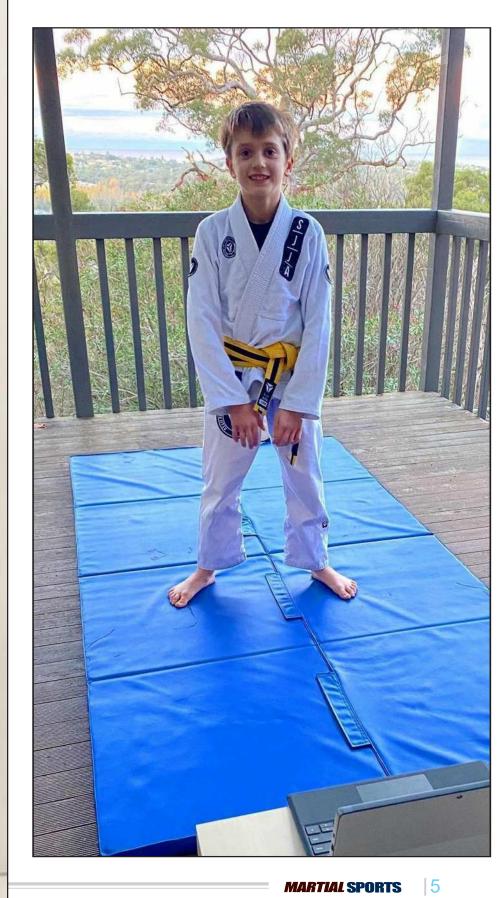






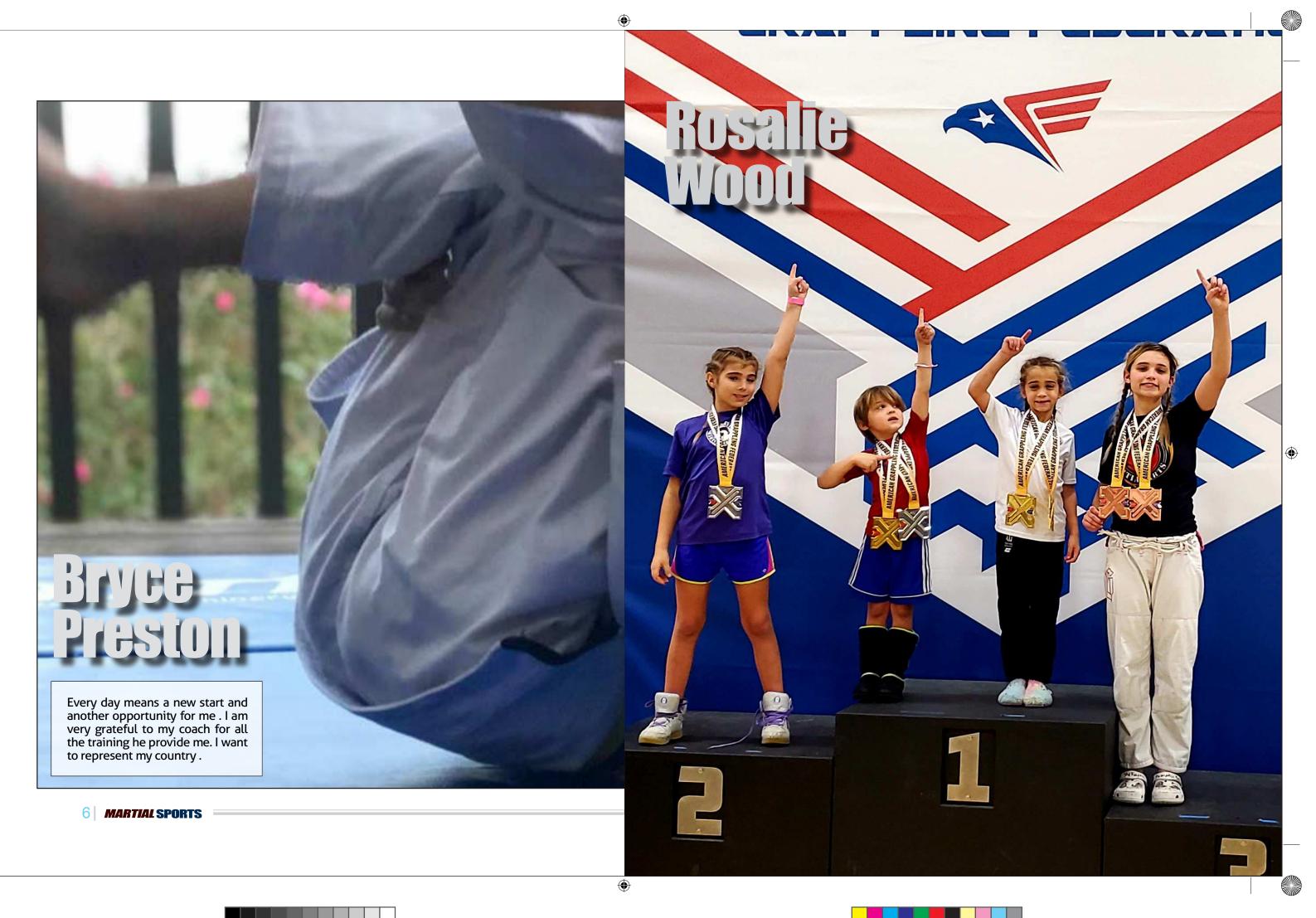
























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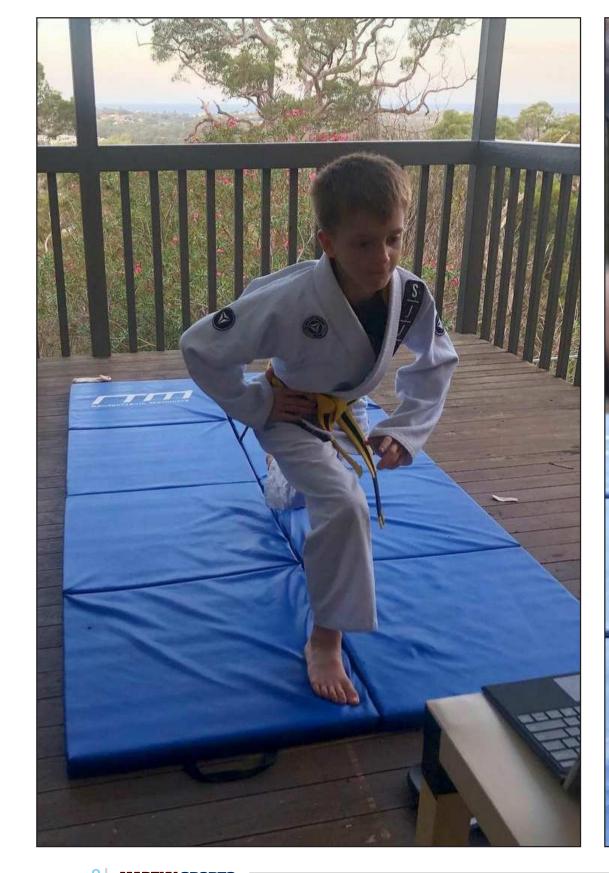
















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MARTIAL SPORTS

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home many trophies and medals

sit on the sidelines and in the bullpits before the matches and games.

One day when I'm older I hope to be a world champion in at least 1 sport.

coach, together we have brought I have thought about maybe joining the military when I am older so I can over the years for indoor and outdoor soccer.

I tend to be very quiet and shy but I do enjoy the friendships I have made with other competitors as we sit on the sidelines and in the sidelines and medats the mittary when ram older so real and so rea so everyone can have healthy teeth.

> Photographers Credits: Megan Wood, jiu-jitsu world league website



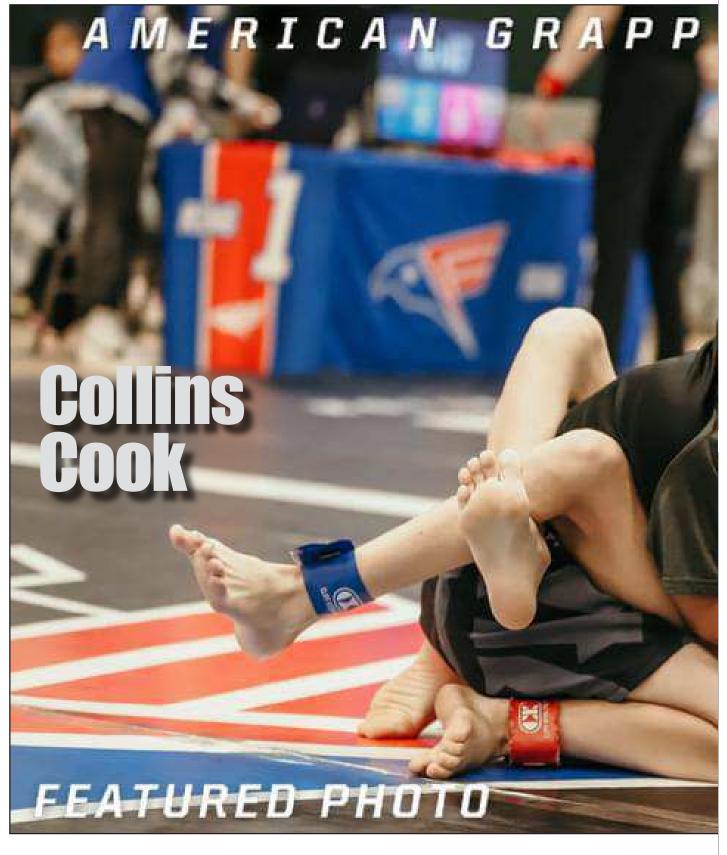


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My name is Rosalie Wood, I am 8 years old and I am involved in club soccer with the Solar soccer club, Wrestling with my future high school team and Jiu-jitsu with CAYA martial arts, I even gave Lacrosse a try for a season. I love just competing in all sports, this summer I am considering trying out judo, horse riding and gymnastics.

I love walking onto the mats at the tournament and can't wait for the ref to blow his whistle to start the match! Before and after every competition I always pray with my family to help calm my nerves and get my head in the game. I love that my family members compete in the tournaments too so we get to spend the day together cheering each other on.

I still get very nervous before the fights but I try and remember our family motto. We are Star Wars Fans so our motto is from Master Yoda "Do or Do Not There Is No Try." because of this motto I always want to be the best at whatever I do in life so I go into the match with everything I have.

I started jiu-jitsu in April of 2021 and after 3 months the coach said I was ready to compete! I have competed at jiu-jitsu world league in gi as a white belt 4 times and won 2 golds and 2 silver. I also competed at AGF and got 1 gold for gi and 1 gold for no gi. Soon I will be a grey belt and hope to compete in some submission hunters and IBJJF tournaments.

This April my sister's high school coach asked if anyone had siblings that wanted to do spring freestyle wrestling so I joined the team! After only 5 lessons I went to my 1st match and got 1st place in freestyle wrestling going against boys. I also tried out Greco-Roman and got 2nd place! I went to several other tournaments and ended the season the last week of May winning Gold at the Texas State wrestling and the Womens National wrestling tournament that was held in Fort Worth Texas.

I have been playing soccer since I was 4 years old. I love my teammates and my



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MARTIAL SPORTS

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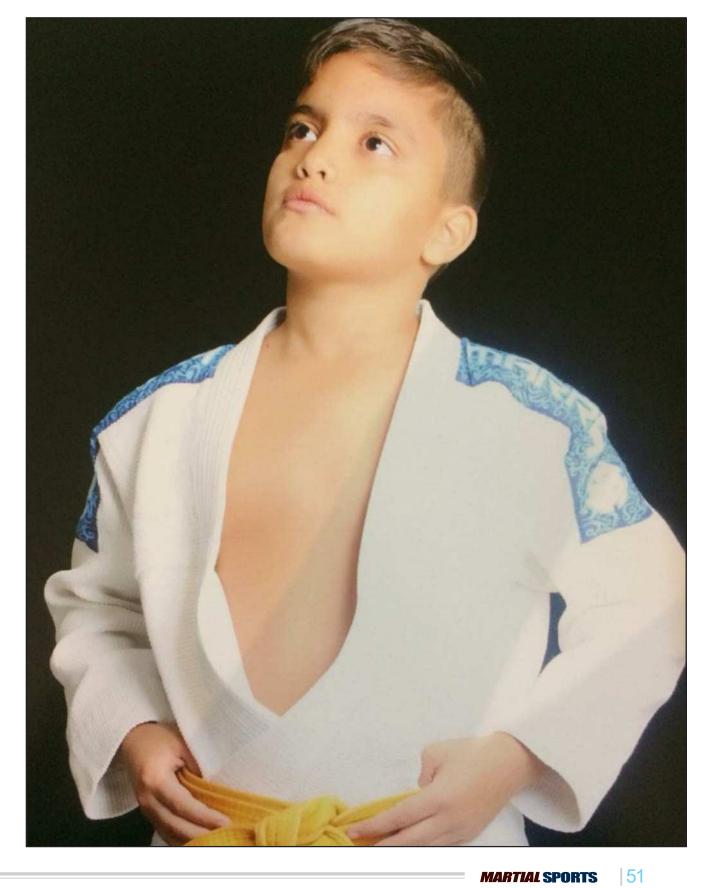
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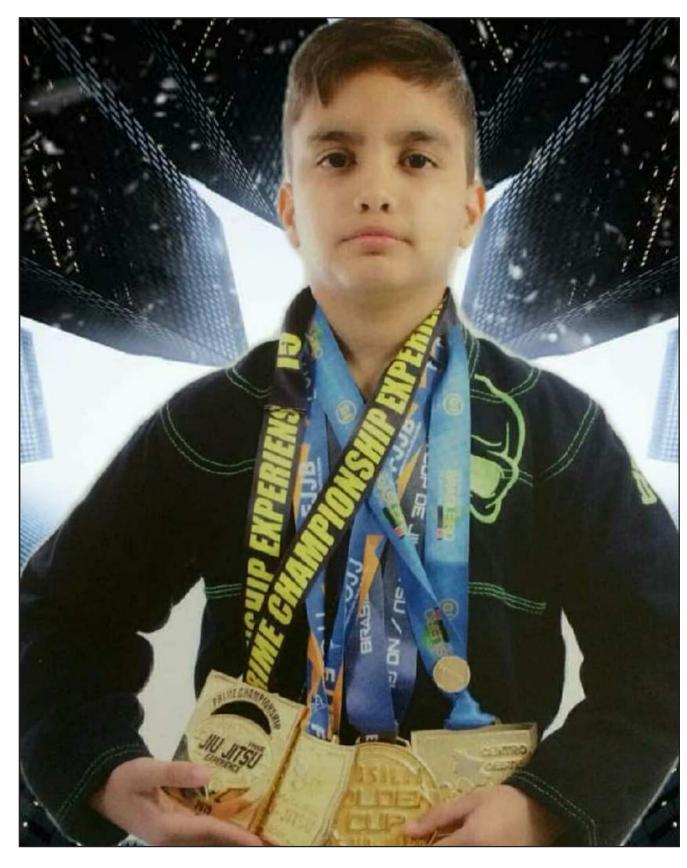






















Dreams: I have tried almost every sport, but Jiu Jitsu has been my calling. I dream to one day receive my black belt and be able to travel all over the world to compete.

Goals: My goals are to get better with every roll. I train consistently, usually 6 days a week and it pays off. My main short term goal will be tested this July in Orlando where I hope to take Gold at Pan Kids 22!

Achievements: In school I've tried really hard and made Honor Roll thought 3rd grade. In Jiu Jitsu I have medaled at every tournament I have ever fought in. I have gotten awards for the fastest submission to advanced bracket belts. For IBJJF, I won Bronze at Pan Kids 21 after only training for 6 months and walked away with Gold in the Atlanta Open 22.

Challenges: Balancing family, friends, school and Jiu Jitsu. Having a father in the military, he can't always attend all the tournaments and practices that he wants to. I am tall and skinny, so finding a Gi that fits is always a struggle too.

Photographers Credits: None



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Kenneth "Kenny G6" Fontanilla has been training in martial arts since he was 7 years old. He has recognition as his school's spelling bee champion done karate, Brazilian jiu-jitsu and mixed martial arts. His primary focus is in BJJ and currently holds the rank of GREY Belt at RAW MMA in Jacksonville, NC under the Flavio Behring affiliation. He has competed in numerous tournaments such as Newbreed, NAGA, Fuji and CXBJJ and receiving many medals. In his free time, he enjoys playing video games, reading, playing with his dogs, learning how to cook and hanging out with his journey! friends. In addition to sports, he is a fantastic

as well as the multiplication bee champion. He has travelled to different countries such as Korea, Thailand and Mexico and has even lived in Japan! His goal in jiujitsu is to get better at jiujitsu, achieve the rank of black belt one day and maybe one day open his own jiujitsu academy. Please give Kenny a follow on his Instagram @fightin.fontis.bjj to keep up with his martial arts

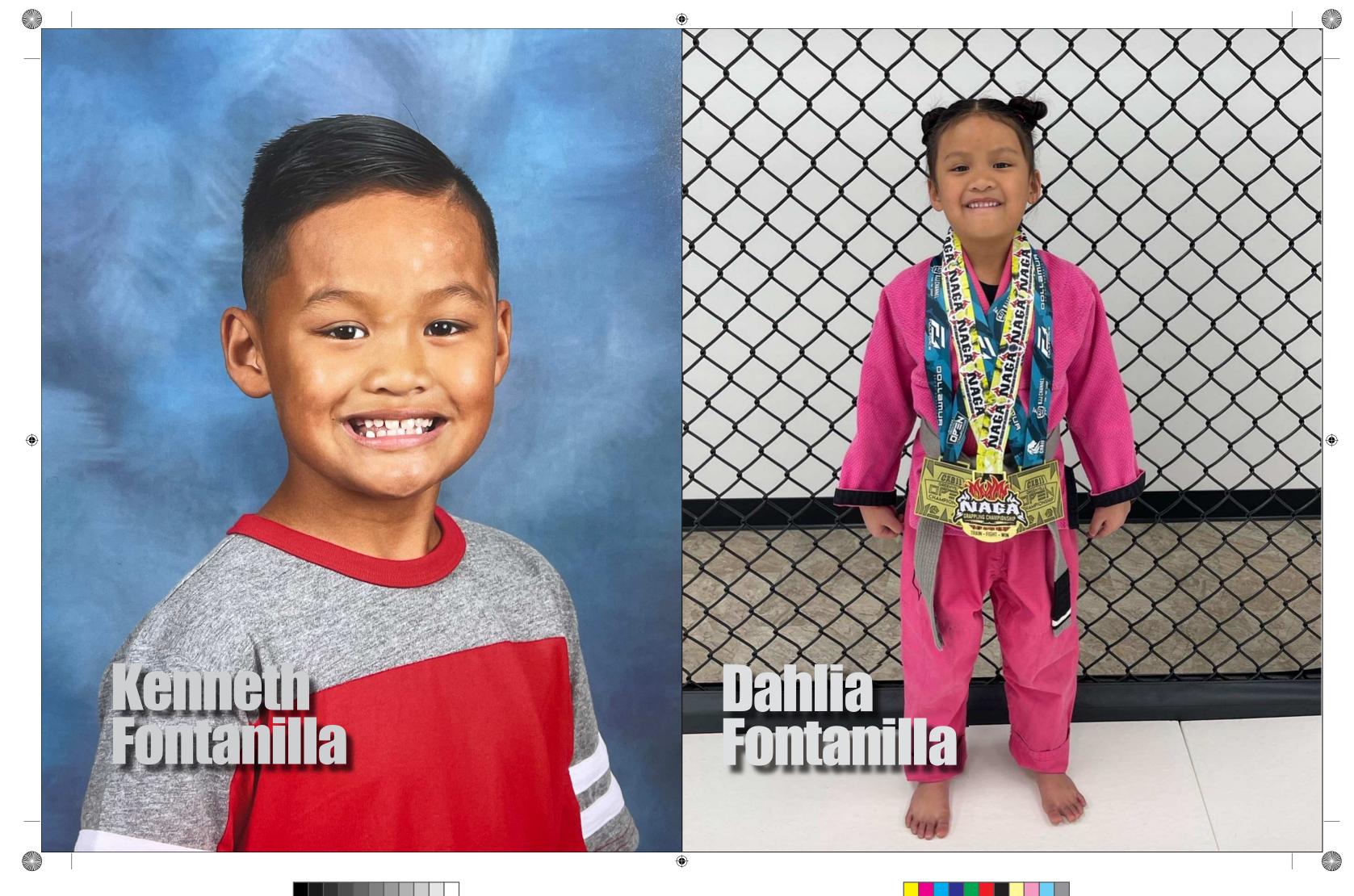
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CHAMPIONSHIP













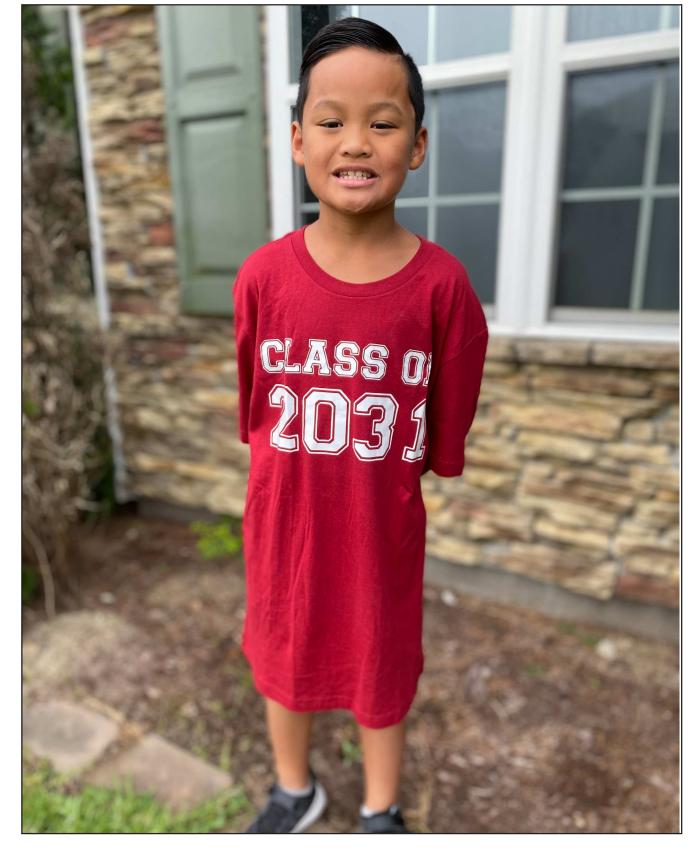


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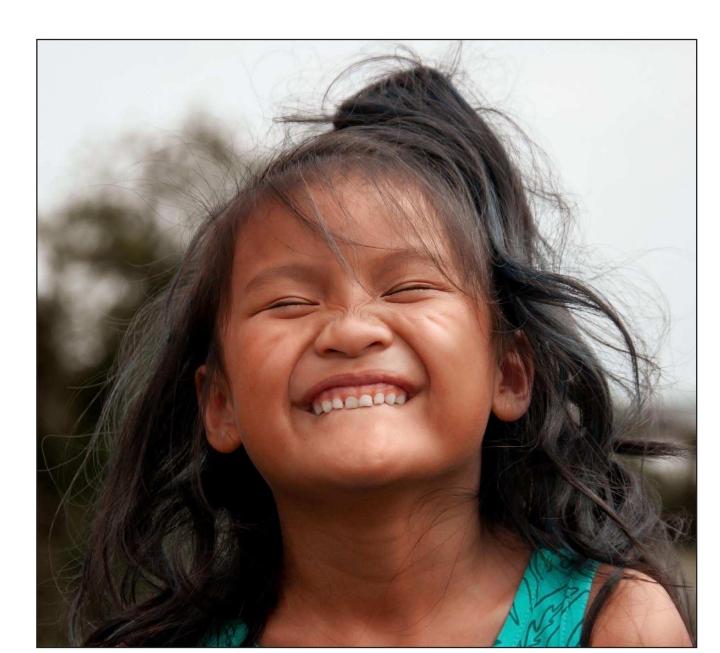




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Brazilian Jiujitsu since the age of 5 (and a half) and in MMA since the beginning of 2022. She currently holds the rank of GREY belt and trains at RAW MMA in Jacksonville, NC under been awarded with many on the Flavio Behring Affiliation. medals. She is also a Chickjitsu She used to spend her days ambassador and loves to spread watching her older brother, her love of jiujitsu, to inspire

Dahlia "The Firecracker" mats and one day she decided Fontanilla is currently 7 years to join him. She was a natural old and has been training in and caught along quickly, according to her coach, Chino Duarte. Dahlia has competed in several jiujitsu tournaments such as Newbreed, NAGA, Fuji, CXBJJ and Chickjitsu and has Kenny "G6" Fontanilla, on the other girls and women to get on

the mats and train! She loves to learn submission techniques and her favorite submission is a rear naked choke. She would love to earn her black belt one day and possibly fight as a professional in Mixed Martial Arts. Please give Dahlia a follow her Instagram @fightin.fontis.bjj to keep up with her martial arts journey!

























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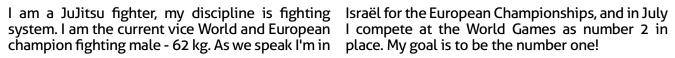






















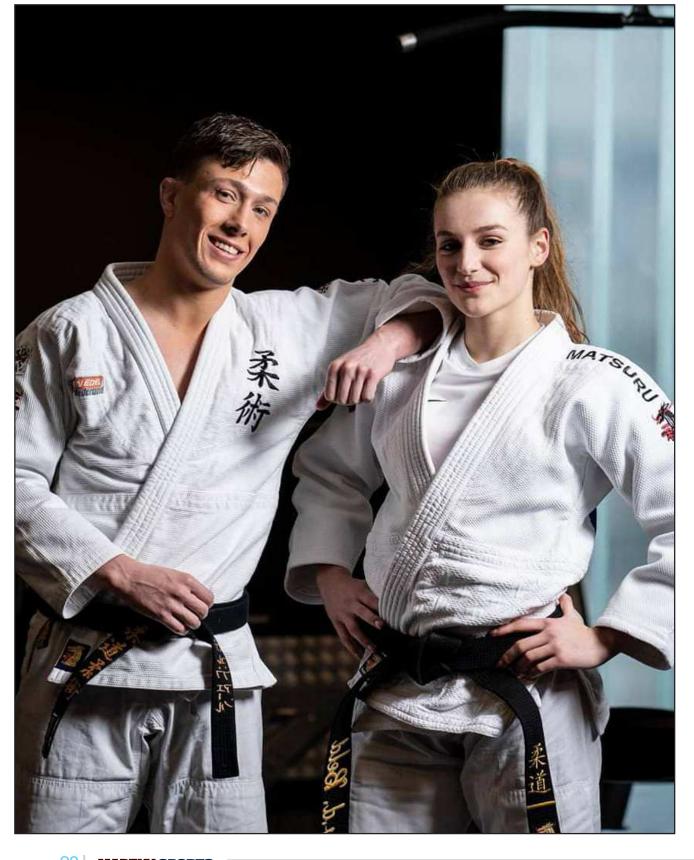




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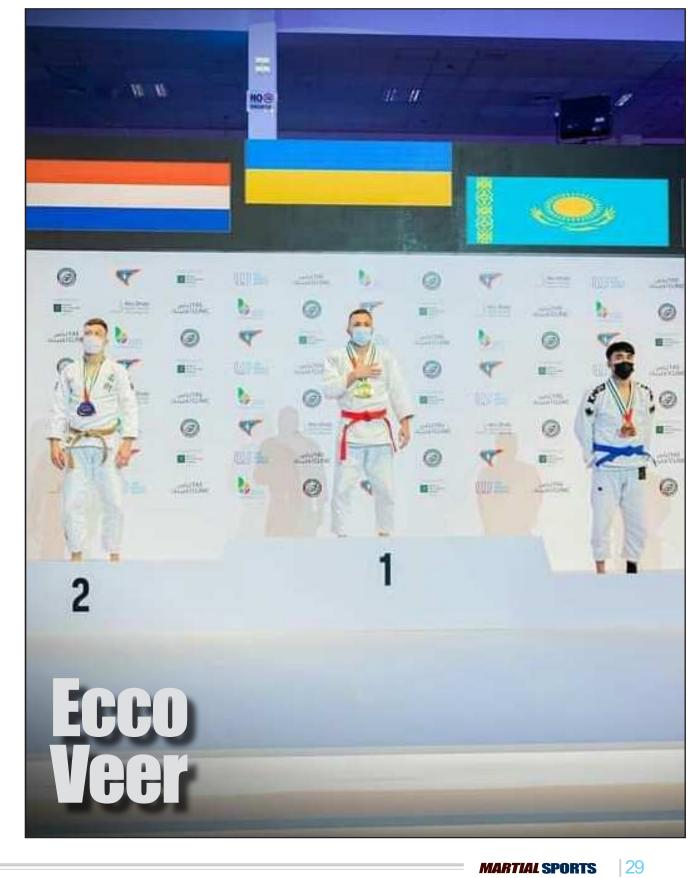
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My name is Evolet and i am 10 years old. I do jiujitsu and Boxing and i want to do it till a get very new clubs on my trips. This is something i really enjoy. I have done jiujitsu for 4 years now. I have the yellow belt with the white stripe. I started when i was 4 years old with Kung Fu and started ijujitsu give to my life on my jiujitsu journeys arround the world. Latest i participated in the Worlds in Dubai. Where i hot a medal and a lot of new friends. I do especially like the jiujitsu community in USA. Travel arround the nation and

do tournaments and get new friends. Roll with new clubs on my trips. This is something i really

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Evolet Elise Boris

