

Zarmina Nelua Boris

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My name is Zarmina and I am 9 years old. I'm NAGA European Champion In Jiujitsu. I practise jiu-jitsu and will keep practising it until I get old. In the USA I practise and learn jiujitsu with Hector Vasques and in Denmark I practise with Shianthi Abelha. My favorite grip is the choke. I'm so happy



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My name is Sofia. I am Florida, US. I am a jitsu player. Though my age is only 9 years old, I am in love with jitsu. I just want to keep playing forever. I have represented my club in several championships and also have won many of them. I dream to be a professional jitsu player.

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I was born and raised Newport Beach California.I am currently training at Art of Jiu jitsu in Costa Mesa California under professor GUI Mendes. I started Jiu jitsu at Trifuno under Professor Felipe Fogolin at age of 5 and I have been training everyday for the past 5 years. I also do wresting and swimming to supplement my Jiu jitsu. Jiu jitsu is part of my life now. My goal in life is to become



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My name is Trent Edwards and I am 10 years old. I have been training with Outliers TruJitsu Academy for six years and acquire a yellow belt. My training in jiu-jitsu is approximately eight hours per week. I hold numerous regional and national awards from NABJJF, Jiu Jitsu World League, Dream, Grappling X, NAGA, the Kids International IBJJK Championships, and the American National Kids IBJJF Championships.

I enjoy assisting my professor and coaches with classes. I can't believe that I am now at the age where younger kids and/or white belts are asking me for help and how to transition for one move to the next. It's really cool! It's also important for me to remind them that training for tournaments isn't all about winning. Sure, it's a great feeling to receive gold, but they need to remember that it's more about sportsmanship, dedication, and work ethic. For instance, when I was eight years old, I lost my first match for the first time and I didn't take it too well. I had to learn to control my emotions and lose graciously. Through the help of my parents and my professor I was able to overcome those feelings.

Some people may say that my jiujitsu training schedule is more than enough to keep me busy. Not only am I involved in jiu-jitsu, but I also participate in competitive wrestling, football, and basketball. I think it's important to be active in more than one sport. I haven't figured out which one I am the most passionate about yet! I enjoy all of them and want to do good for my professor, coaches, teammates, my family, and for myself. You can kind of say that I'm my own nemesis!

Photographers Credits : Kenny Jewel for GrappletV & Jiu-Jitsu World League





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My name is Kaeden, im 9 years old and have been training BJJ for just over a year and absolutely love it!!

My dreams are to eventually get my BJJ Blackbelt, travel the world competing and continuing to learn and teach the skills I have acquired over the years.

My goals are to complete school and go to university or the Air force to earn money while studying towards an engineering degree and getting the opportunity to see the world.

My achievements are numerous swimming awards as I was an active swimmer for 7 years before I started BJJ. Since I started BJJ I have competed in 3 competitions and walked away with Gold in two of them. This year I was granted the opportunity to represent my club at "Fight Night 5" Its a comp we do once or twice a year where all our Galeb clubs come together to compete for fun and bragging rights. I was outweighed by 11kg and got the rear naked choke submission in the 2nd round. I was so happy with my performance and the trophy that sits proudly in my room.

The challenges I face are in front of me on the mats 4 days a week. Im quite small for my age, I weigh 26kg and I'm almost 10 so I have to focus alot on technique and not allowing bigger opponents to intimidate me. But thats why I love BJJ!! I've defeated bigger individuals and lost to smaller so its proof this martial art is effective.



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About me and my team.My name is Liza Durneva and I am 13 years old. I'm doing Brazilian Jiu-Jitsu about 6 years and fighting for my team - ZR Team. ZR it's one of the biggest and first teams in the world. We are not only team, we are family.

Few words about my family.My father's name is Roman and my mother's name is Anna. My dad is my biggest coach for whole my life.

If we talk about sports - BJJ it's the big part of ma life. I love to travel, take part in international competitions and discover world with my teammates.

My dream. In my sports career every day I want to be better than yesterday, develop my skills,techniques, to show amazing wrestling and results. And I have a dream. I want to become the youngest black belt in Ukraine and win the world championship at the youngest age in black belts. Évery day I'm doing little steps to my dream and from day to day my dream become a goal . My sports secret. My parents support me in all and help me to reach my goal. Every day I'm training , do exercises, eat healthy , follow the regime. I now that it is a very big job! But nothing can stop you, if you have a goal and support from your fellow people. Work harder to be the best 💧 .



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